



Power ACTI-ON



A dynamic Youth Project on personal development and LGBTQIA+ Spectrum

APV: 21st-22nd of October 2017

Exchange: 19th - 30th of January 2018

Follow-up activities: February - April 2018

Olde Vechte Foundation, Ommen, The Netherlands

#Create #Act #Empower



POWER ACTION

DEAR CANDIDATE,

The idea behind this project is to provide you with a safe space and opportunity to explore your self-expression, self-empowerment and identity.

You have the chance to create, act and empower, while learning, sharing and including yourself and others into the process.

The project aims to promote social inclusion and active citizenship of young LGBTQIA+ people in society.

Power ACTiON is a dynamic 12 days self-exploration journey in a intercultural context, while acting on topics of LGBTQIA+ Spectrum, inclusion and blending diverse non-formal educational tools.





MAIN OBJECTIVE:

Main objective is the organization and implementation of workshops or other activities in each partner country after the end of the Exchange.

After the Exchange and while you are back in your country, you will be able to organize and implement with the rest of your national team at least 2 activities. Through those activities, you will actively spread your results and learnings beyond. Partner organizations will support you throughout the whole project.

OBJECTIVES:

- **TO IDENTIFY THE LGBTQIA+ NEEDS AND CHALLENGES** nowadays and maintain the knowledge on the LGBTQIA+ rights and Spectrum
- **TO EMPOWER YOU IN YOUR PERSONAL GROWTH:** to reach emancipation: becoming aware of your identity, self-awareness, self-expression and freedom of choice
- To Exchange on how to **ORGANIZE AN ACTIVITY IN YOUR LOCAL COMMUNITY** (workshops, street actions etc.)
- To Exchange on how to **BUILD BRIDGES OF COMMUNICATION, EQUALITY AND INCLUSION**
- To Exchange on how to define the **NEEDS OF LGBTQIA+ YOUTH** in your local community
- **TO INCREASE YOUR** cultural awareness, social and civic competences, mathematical and digital competences, learning to learn and self-expression competences.
- To Organize and **CREATE NEW NON-FORMAL EDUCATIONAL TOOLS**, which you can later on implement during the follow-up period and beyond.

LEARNING APPROACH – EXPERIENTIAL LEARNING - BY DOING

WE WILL WORK WITH:



- **Reflection groups**, reflecting on your learning process in a daily basis



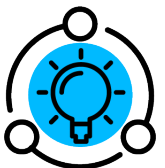
- **Personal development** processes, tools and techniques

- Discussions, presentations, debates

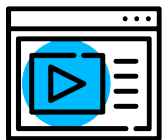
- **Body movement**, theater and art activities



- **Workshops**: you will have your space during the program to design your own **non-formal educational** activities and tools



- **Media activities** (video and photography), to gain the basic skills and produce media products for active promotion



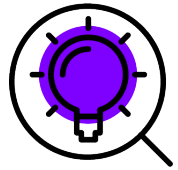
- **Outdoor activities and Open Event**, in which you get to meet and interact with the Local community of Ommen and other cities

The Project is designed in such a way that it provides you with the opportunity to explore, create, exchange and facilitate your own learning, while being in an intercultural environment and working individually, in pairs, in small teams or in a big group.

You are the actor of your own learning and creator of your own experience within the given group. By choosing your own involvement, you lighten up the path to your own learning and desired outcomes.

Together with the rest of the actors, you have the chance to create togetherness, support each other and emPower ACTION, while enjoying.

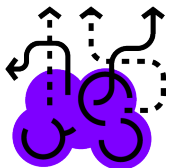
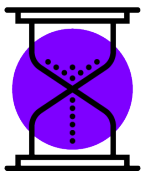
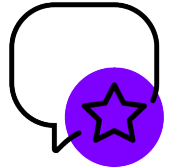
WHAT YOU CAN GET OUT OF THE PROJECT:



IN TERMS OF KNOWLEDGE, SKILLS AND ATTITUDE

Learn, enhance, experience and reflect about your:

- Self-awareness, self-expression and creative spirit
- Personal style of learning and leadership core
- Communication and clear agreements
- Giving and receiving constructive feedback
- Cooperation and connection with others
- Response to challenges
- Team-work, organizational and digital skills
- Inclusion
- Time-management
- Inspiration-joy-spontaneity



YOUTHPASS:

During the Exchange, you will also receive the Youthpass certification. It is a recognition instrument for non-formal and informal learning, used within the Erasmus+ projects.

Find more info here: youthpass.eu

POWERFUL ACTORS & CRITERIA:

The playground will be owned by a total of 45 people, 5 per country (including group leaders), who are resident in one of the partner countries represented by the 9 organizations involved in this project.

APV | 1 group leader + 1 participant
Exchange | 1 group leader + 4 participants

AS A GROUP LEADER, YOU ARE:

- **18+ years old**
- Possibly **involved** with one of the partner organizations
- Willing to **increase your competences** for when working with young people, personal development, LGBTQIA+ Spectrum and non-formal educational tools
- Committed to **take part in all the phases** and main activities (APV, Exchange, Follow-Up)
- Eager to participate, facilitate and **involve yourself in the creative process**
- Eager to **create, act, empower and lead a change**
- Inspiring and enthusiastic spirit with **sense of initiative**

AS A PARTICIPANT, YOU ARE:

- Between the age of **18-30 years old**
- Willing to **work on your personal development and self-awareness**, increase your personal competences, self-empowerment and enhance intercultural awareness
- Curious and enthusiastic to **explore non-formal education** through experiential learning, diverse tools and methods
- Motivated to work on the topic of **LGBTQIA+ spectrum**, raise awareness and support the progress of your local communities, by organizing activities there
- Able to work in **simple English**
- Highly motivated and willing to **actively participate** during the whole duration of the project and all its phases (APV, Exchange, Follow-Up)

TIMELINE:

APV:

Pre-learning Preparation: October 2017

ARRIVAL DAY: 20TH of October 2017 before 16.00 pm

Program Starts: 20th of October 2017 at 18.00 pm

Program Ends: 22nd of October 2017 at 20.00 pm

DEPARTURE DAY: 23RD of October 2017 before 10:00 am

EXCHANGE:

Pre-learning Preparation: December 2017 – January 2018

ARRIVAL DAY OF GROUP LEADERS: 17TH of January 2018

ARRIVAL DAY OF PARTICIPANTS: 18TH of January 2018 all day

Program Starts: 19th of January 2018 at 13.00 pm

Program Ends: 30th of January 2018 at 20.00 pm

DEPARTURE DAY: 31ST of January 2018 before 10:00 am

PRE-LEARNING PREPARATION:

Pre-learning preparation will happen prior to the actual APV and Exchange via a closed Facebook Group. You will get the chance to prepare for each event, by completing different assignments and learning phases. You will have the chance to do the assignments individually or in your national team. Results of the preparation will be shared online and during the main events.

PRO-LEARNING EVALUATION / FOLLOW-UP:

Pro-Learning Evaluation or Follow-Up period is valuable and plays an essential part in our project. It is the part, when after the Exchange:

- You will have personal evaluation of your learning and experience together with your group leader and partner organization.
- You will receive support by your sending organization in organizing your follow-up activities (workshops etc.) in your local communities, as well as promoting the project and results you will have created.
- You will be able to write articles, testimonials or receive support in creating new projects of your own.

HOW TO APPLY:

COUNTRY	ORGANIZATION	CONTACT PERSON	E-MAIL ADDRESS
Czech Republic	Asociace Dice	Jana Pastyříková	asociace.dice@gmail.com
Greece	KMOP	Kelly Bibiri	bibiri.k@kmop.gr
Italy	Vagamondo	Fabiano Bruno	infoyouthprojects@gmail.com
Latvia	Mozaika	Ilze Ozola	ozolu.ilze@gmail.com
Lithuania	LGL	Kamila Gasinska	kamila@gay.lt
Slovakia	Saplinq	Robert Furiel	robert.furiel@saplinq.org
Slovenia	DRUSTVO DIH	Igor Žmitek Prošič	info@dih.si
Spain	Asociacia Trans	Cecilia Gonzalez Palomo	cecilia@asociaciontrans.org
Netherlands	Olde Vechte Foundation	Cathy Manousaki	info.oldevechte@gmail.com

If you want to receive more details about the project before applying, feel free to contact our partner organization or contact us directly via the e-mail of Olde Vechte Foundation info.oldevechte@gmail.com

If you are selected, you will receive a confirmation letter with all details about your participation in the activities of the project